

# **TRANSVAGINAL ULTRASOUND SIMULATION: CAN IT REPLACE INITIAL PATIENT TRAINING FOR DOCTORS?**



Image:  
Adapted  
from:  
MedaPhor,  
n.d.

**Presented by Cathy Williams – Advanced  
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# CO-AUTHORS



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- **Becky Mulloy** – Advanced Practitioner in Ultrasound and Ex-Lecturer at City University.
- **Gill Harrison** – Programme Leader, Ultrasound, City University London.
- **Jennifer Edie** – Senior Lecturer, City University London.
- **Dave Flinton** – Programme Manager, Radiography, City University London.

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# RESEARCH QUESTIONS



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Primary Question:

Secondary question:



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- **How does simulation compare with traditional clinical training for learning basic TVUS?**

## Secondary question:



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## Primary Question:

- How does simulation compare with traditional clinical training for learning basic TVUS?

## Secondary question:

- Does simulation affect confidence to progress to TVUS scanning in the clinical situation?



Operator  
dependent  
examination

Lack of time/  
capacity to  
train doctors

New TVUS  
simulator  
unveiled in 2010  
(Medgadget, 2010)

## WHY?

UK wide  
shortage  
of Sonographers  
(The Society and College  
of Radiographers, 2009)

Simulation has  
been successful  
in other  
industries

(Donaldson, 2009, p.  
51)

TVUS  
most requested  
gynae imaging  
exam (Heer et al,  
2004,

p. 440)



# ScanTrainer



Image: Adapted from: MedaPhor, n.d.



# METHODOLOGY



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## Mixed Method Study Design



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**Quantitative**



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Question = PART 1**



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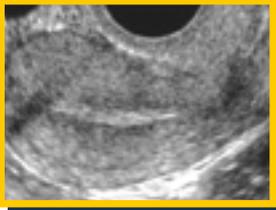
**Non  
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pre-test-**

**Questionnaire**

**Semi-  
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Interviews**

**Primary Research  
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**Secondary Research  
Question = PART 2**



# QUANTITATIVE RESULTS



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- **SAMPLE** – 11 doctors, 9 completed study.



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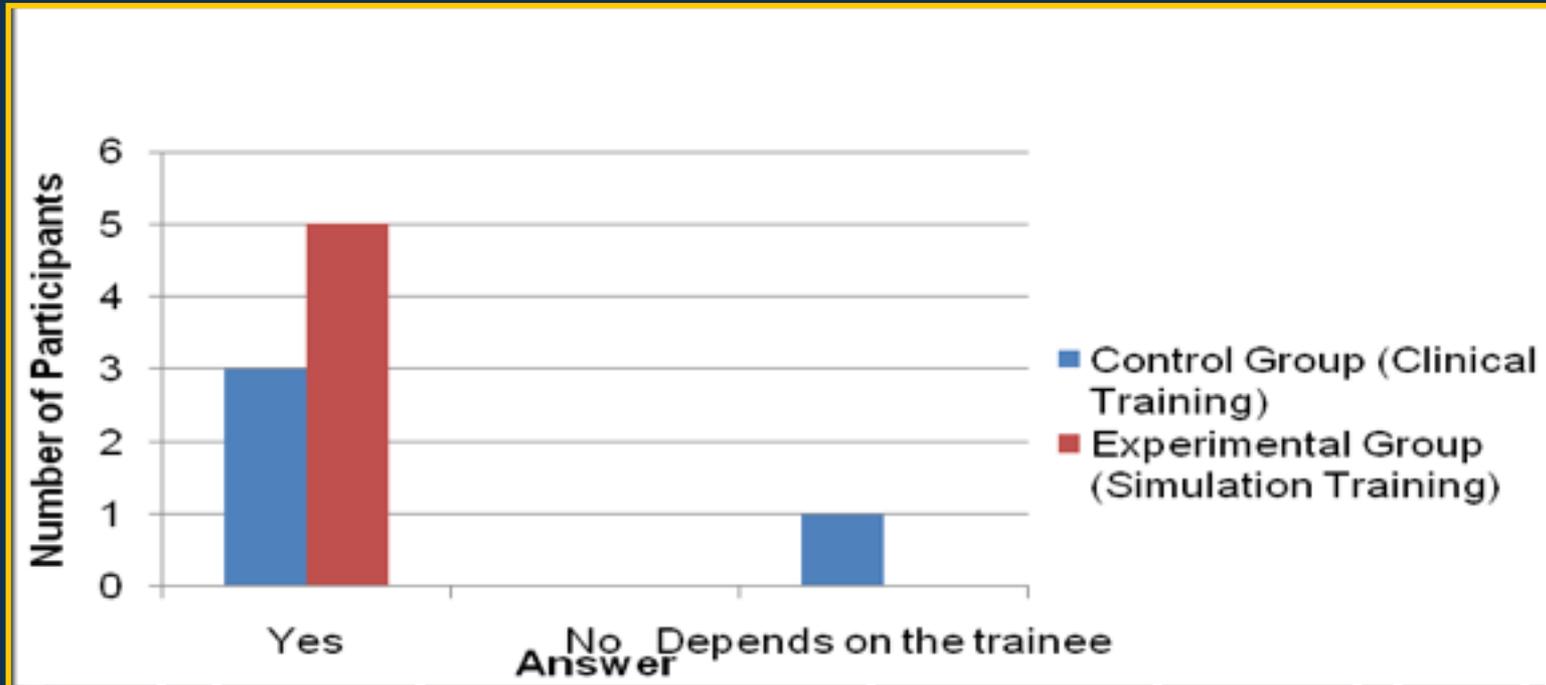


# QUANTITATIVE RESULTS

- **SAMPLE** – 11 doctors, 9 completed study.
- **PRE-TEST** – No significant difference in the average scores of the two groups ( $u = 12$ ,  $p = 0.6623$ ).
- **POST-TEST** – Simulator group had a higher average for overall assessment score (by 8%) and each of its five sections (by 3 – 21%). None of these results were statistically significant ( $p = 0.0556 - 1$ ).



# QUALITATIVE RESULTS



Participants' answers to the question asking if use of the ScanTrainer could help increase a trainee's confidence level prior to attempting a real TVUS scan.

# ANALYSIS





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- **No significant differences** – similar conclusions reached by Knudson and Sisley (2000) and Stather et al (2011).



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- **No significant differences** – similar conclusions reached by Knudson and Sisley (2000) and Stather et al (2011).
- **Comparison of average scores indicates simulation may be more effective than clinical training** – replicates findings of studies investigating virtual reality simulators ability to teach laparoscopic skills (Gurusamy et al; 2009, Larsen et al, 2009; Lucas et al 2008).



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- Simulator group felt more confident in altering the controls and assessing the anatomy - **may explain why they outperformed the control group in post-test.**



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- Adds weight to existing evidence that simulation training can enhance a trainee's confidence level (**Cass et al, 2011 & Zigmont et al, 2011 cited by Oestergaard et al, 2012; Harder, 2010; Lamb, 2007 cited by Wagner et al 2009; Traynor, 2010).**



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- Adds weight to existing evidence that simulation training can enhance a trainee's confidence level (**Cass et al, 2011 & Zigmont et al, 2011 cited by Oestergaard et al, 2012; Harder, 2010; Lamb, 2007 cited by Wagner et al 2009; Traynor, 2010).**
- Improved patient experience due to reduced anxiety of trainee and possible reduction in

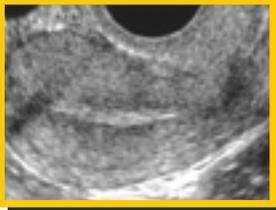


## CONCLUSION

- Study lacks power.
- Statistical results suggest the two methods are equal in teaching ability.
- Comparison of average scores suggests initial simulation training may be more effective than clinical training.
- Training on the ScanTrainer was found to positively affect novice scanners confidence.
- Increased confidence may positively affect the patient's experience of being scanned by a trainee.



# RECOMMENDATIONS



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- 1. Repeat multiple centre trials**



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- 1. Repeat multiple centre trials**
- 2. Research assessing the effect on patient outcomes of prior training on the ScanTrainer.**



# REFERENCES

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Any questions?

